



# **GOTCHA4LIFE** MENTAL FITNESS **ROUND**

**Let's build mental fitness,  
one game, one conversation  
at a time.**

## **THE DETAILS:**

**TOGETHER** we can spark vital conversations on mental fitness and support one another, both on and off the field.

ADD CLUB OR  
SCHOOL  
LOGO HERE

FUNDRAISING  
IN AID OF



Help raise funds to bring life-changing  
Mental Fitness programs to more local communities.  
Want to learn more? Visit **GOTCHA4LIFE.ORG**