



Don't
worry
alone.

GOTCHA4LIFE
MENTAL FITNESS
ROUND

LET'S BUILD MENTAL FITNESS, ONE GAME,
ONE CONVERSATION AT A TIME.



**A mentally
fit club is
our goal.**



**LET'S BUILD MENTAL FITNESS, ONE GAME,
ONE CONVERSATION AT A TIME.**



**A mentally
fit school is
our goal.**



**LET'S BUILD MENTAL FITNESS, ONE GAME,
ONE CONVERSATION AT A TIME.**



Look after your village.

GOTCHA4LIFE
MENTAL FITNESS
ROUND

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ONE CONVERSATION AT A TIME.



Check-in with your mates.



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ONE CONVERSATION AT A TIME.



**We're
playing for
a mentally
fit future.**



**LET'S BUILD MENTAL FITNESS, ONE GAME,
ONE CONVERSATION AT A TIME.**



Let's look after our mental fitness.



LET'S BUILD MENTAL FITNESS, ONE GAME,
ONE CONVERSATION AT A TIME.



Strengthen your emotional muscles.

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MENTAL FITNESS
ROUND

LET'S BUILD MENTAL FITNESS, ONE GAME,
ONE CONVERSATION AT A TIME.



We're tackling mental fitness together.



LET'S BUILD MENTAL FITNESS, ONE GAME,
ONE CONVERSATION AT A TIME.



**We're
building
mental fitness
together.**



**LET'S BUILD MENTAL FITNESS, ONE GAME,
ONE CONVERSATION AT A TIME.**